

Candle Making!
Archery!
Veggie Picking!
Cook 'n Bake! ART!
Ropes! STEM!
Boating!



"ONLY AT
CAMP
REGESH!"

CAMPERS TAKE THE MIC!

This Week I
had a GREAT
time...

- "Catching a counselor's ball in dodgeball!" Max Rosler (2A)
- "Painting a pet rock! Jamie Weingast (PD)
- "Dancing in the Erev Tisha B' Av Cantata! Kira Kattan (3C)
- "Playing Leagues! Nathan Krieger (3E)
- "Watching Dr. Schnitzel! Doniel Cohen (5A)
- "Playing in the pool and jumping in!" Zach Arfe (KF)
- "Playing elimination with my friends!" Batya Shamir (4B)
- "Going in the sprinklers and having fun!" William Spier (KG)
- "Making a snake with the playdough!" Rikki Cohen (2D)
- "Finding out my new League team!" Jonah Fried (4B)
- "Making pizza in Cook 'n Bake!" Lily Noll (4D)
- "Kicking the ball into the goal! Shilo Herz (PA)
- "Being 2-0 in Leagues!" Gabe Stimmel (Romeim)
- "Boating in the lake!" Sophie Mafouda (1E)
- "Guessing the flavor of the Mike and Ike at the carnival!" Yonah Avner (1C)
- "Having lots of fun with my friends at the Boulders game!!" Eden Danishesky (5A)
- "Doing candle making with my bunk - it was so cool!" Chaya Unterman (Rakefet)
- "Performing the cantata in front of preschool!" Naomi Sasouness (3F)
- "Watching the Dr Shnitzel show was so fun!" Talia Isseroff (KB)
- "Guessing how many chocolate chips were in the marshmallow fluff at the Carnival!" Jack Billet (1E)



REGESH REVIEW 2026



D'VAR TORAH

On Thursday, Tisha B'Av, we sat on the floor,
for the Beit Hamikdash we cried and we mourned.
Right afterwards, Shabbos Nachamu, brings happiness and light,
Yet that happened quite fast! Our tears barely dried!

On Shabbat Nachamu, we feel Hashem's love,
Yet nothing has changed from before Tisha B'Av.
There's still no Korbanos, the Mikdash-still gone,
What's with all the simcha, the music and fun?

Hashem says, "Nachamu, Nachamu " -be comforted", twice!
Why double it up, when just once would suffice?
One Nachamu, be comforted, when all is clear, all is bright,
And again, Nachamu, when you can't see, and it's night.

To comfort a mourner, one need not say a word,
This is the strongest way that the message is heard.
No words should be said, to give over the feeling,
Just being there, silent, provides comfort and healing.

Tisha B'Av helped us see, that throughout history,
Through pain and tears, all along it was He!
The simcha, the happiness, that we feel inside,
Is that Hashem always guides us, always by our side.

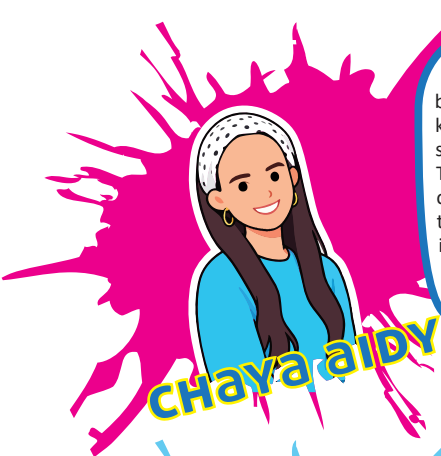
Shabat Shalom



UPCOMING...

- 7-27 NED!
- 7-28 Oriental Day
- 7-29 Carnival
 - Rakefet and Preschol
 - Bunk Pictures
 - Boys Camp
- 7-30 Romeim Adventure
 - Boys 5 and Up
 - Bunk Pictures
 - Girls Camp
- 7-31 Soul Farm Concert





We welcomed week 5 with a jaw dropping Dr Shnitzel show! Flying Ping Pong balls, smoking ice, potions galore!!! Dr. Shnitzel kept us all spellbound! Our 5s and Rakefet spent an AWESOME day at Boulders Stadium! They enjoyed an intense game, some swag and of course delicious refreshments. In preparation for Tisha B'av, our talented 3s put on an incredible performance taking us on a journey from Galus to Geula. May we merit to see the rebuilding of the Beit Hamikdosh very soon!!

CHAYA AIDY



Ready Set, Ready Go! Second half started with a Boom! Dr. Schnitzel's high energy started us off right! We launched Leagues season two! The Romeim Carnival was a "splash" hit... and of course it never rains in Camp Regesh! Wednesday, Dr. Middos and Shnooky Shapiro showed us how respecting each other and having good middos can bring Moshiach closer! We wrapped up with an awesome Nachamu Oneg! Looking forward to Camp Regesh Yerushalayim very soon!

RABBI AUSLANDER



What an exciting week we had! DR SHNITZEL SHOW! WACKY science! FUN galore! A FABULOUS Erev Tisha B'Av CANTATA by the 3s! Meaningful songs, creative dances, professional acting, WOW! Painting and decorating pet rocks in Arts 'n Crafts! Giant bubble wands in STEM! Yummy mini pizza at Cook 'n Bake! Sports all around! We were busy non-stop! We can't wait to see what week six has in store at the Camp Regesh Preschool!

MORAH GILA



Regesh is GETTING READY FOR THE Geula



Cantata!



Another Season of Leagues on the way!



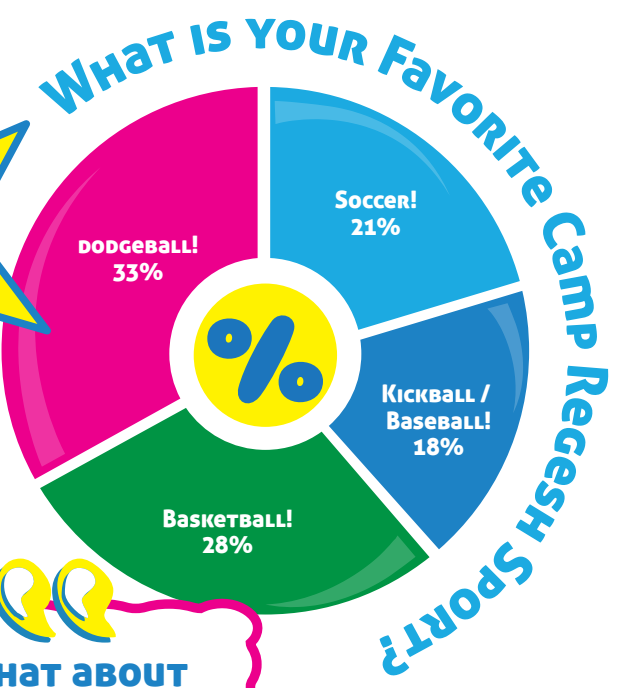
SPORTS !



Ping Pong Balls! Smoking Ice! Explosions Gallore!



DR SHNITZEL!



What about GAGA?!? -camper QUOTE

Romeim Carnival!



Which was YOUR FAVORITE Booth?