



Dear Regesh Family,

As the sun sets on our 37th unforgettable season, our hearts are overflowing with gratitude and joy. **Camp Regesh 2025** has truly been the most **INCREDIBLE** summer ever, and we wish to express our deepest **hakarat hatov to Hashem** for the countless blessings that filled each and every day.

To our amazing **Regesh parents** – thank you for trusting us with your precious children. It has been our absolute privilege to spend the summer with them, to laugh, play, grow, and experience the 'special feeling of summer found only at Camp Regesh' together with them. These past 8 weeks have been filled with smiles, excitement, friendships, and truly wholesome fun, all against the backdrop of our beautiful **19-acre sleep-at-home campus**.

To our one-in-a-million **STAFF** – thank you for your boundless dedication, creativity, and heart. Every activity, song, trip, and moment was infused with your passion and your unwavering commitment to making this summer unforgettable for each camper.

And finally to our beloved **CAMPERS** – thank YOU for showing up each day with your **energizing Regesh Ruach!** Your smiles lit up every corner of camp, and your **middot tovot** made Regesh the warm, happy, and inspiring place it is. You are what makes Regesh so special.

We hope the memories we've created together this summer will carry you all through the year. May the year ahead be filled with **bracha, health, and peace** for all of Am Yisrael, especially our dear brothers and sisters in Eretz Yisrael.

We can't wait to welcome you back for **Camp Regesh 2026... b'Yerushalayim hab'nuya!**

With heartfelt appreciation and love,

Rabbi Michael and Rena Fink

Camp Regesh





BOYS CAMP



It seems like just yesterday we were gearing up for Regesh 2025... This summer flew by! Incredible memories, amazing theme days, leagues, sports, shows and so, so much more! So, join me... as we stroll down memory lane in yet another edition of the Regesh ABC's!

A- Another Amazing Summer! Summer 37 in the books! WOW!!! Thank You Hashem!

B- Berkowitz! Shlomo, without you, camp would be very different indeed. Your dedication is beyond. To our esteemed assistant boys camp program director... Thank you!

C- Campers! You guys put the camp in the word camper! Each and every one of you brought your own unique personality and talents to camp and we had the pleasure of giving you guys all we got! Look how much we've done and accomplished- how we learned to swim, improved at sports and davening, having an amazing time! I'm with you all the way here- counting down until Regesh 2026- it will be here in no time!

D- Division Heads! Whether it was bouncing around crazy ideas for theme days and activities or consulting on how best to help a camper, or anything else, you guys are truly amazing! Thank you, Hashem, for the best Head Staff in the world! Words can't express how incredible each of you are, and how much Hakarat Hatov we all have to you! R' Netanel, Ezra, Shoooby, Danny, Ayal, Jonathan and Shua, you guys are incredible! Looking forward to many more summers with the crew!

E- Every moment, Every feeling, Every face... Another incredible summer in the books!

F- Rabbi and Mrs. Fink!! Thank you for all you do, for the best camp on earth!

G- Greatest Staff Ever! This summer was amazing, but without our incredible staff it would not have been the same! Thank you!! What you gave to the campers this summer is indescribable. Our campers are super lucky to have had you as their staff members! You guys are amazing!

H- Holiest Camp in the World!

I- Insane Theme Days! We upped the ante big time this year! This year included USA Tournament Day (Inflatable Sports Challenge bracket), Africa Day (Drum Circle and Safari Hunt!) Lazy Sports Day (Featuring a huge human dartboard and Water Balloon Battleship!) Candy Craze! (Where we brought back Willy Wonka's life size Candy Land board to the gym! non- stop challenges and

insane fun!) LEGO Day! (Over 30,000 pieces of Lego were used as each bunk rebuilt Yisroel's Lego- destroyed by foot in his basement) Grillmasters (Romeim created the Ultimate Pizza and Cupcake combos!) Romeim Survivor Day, Israel Day (Featuring United Hatzola!), Carnival Day, Water Park Day and so many other amazing activities!

J- Just a regular day in Regesh... Beautiful davening, instructional swim, sports, nutty lunch activities, special activities, shows, leagues, learning, swimming, snack, STEM, horses, pioneering, arts n' crafts, ropes, cook n' bake, archery, whew! And more!!

K- Keep singing! Kivinu, Baderech, Geshmak to be a Yid, The Holiest Yid in the World, Potato Kugel, and of course... Yum Yum.... the soundtrack to our summer that will last throughout the year!

L- Leagues and Lifeguards! Our intense leagues are the envy of many a camp. Congrats to our champions! Two super intense seasons of leagues! And our Lifeguards..., you guys helped keep us all safe at the pool and helped us faithfully by lunch through thick and thin! Thanks Head LFG, Bentzi Senter and Asst HLFG, Sruly Pariser, a great team! And of course... L means...Regesh Lunch!

M- Menachem and Rabbi Minch! Menachem, without you, no one would have even come to camp! Thank you on behalf of all of us, for arranging the labyrinth of busses, routes, pickup times, bus counselors and producing the most incredible comprehensive, thought out schedule! Thank you, Menachem! Rabbi Minchenberg, always available for advice, and a good vort, teaching hundreds of children every day!

N- Ned! Same show every year. Gets us every time! 33 years and counting! O- Oneg Shabbos! Every Friday we got super ready for Shabbat, singing and dancing Shabbat songs and then... winning Huge Sodas, Mayim Chayim Seltzer, Shabbos Party in a bag, Carlos the Cantaloupe, aaaand Potato Kugel!! Special Shabbos prizes to share with our friends and family over Shabbat! Live music, Dance Parties, Soulfarm, 3 weeks stories, Cantata, the Glo-neg, Kumzitz edition and more! Enough Erev Shabbat energy to last the whole year!

P- Potato.

Q- Qugel. 3.0

R- Romeim Division! The boys are back! Great role models for the rest of the camp! Our oldest campers, led by Shua and his amazing team of counselors, set the bar high for the rest of us! World cup assignments, great learning, exclusive trips, survivor day, and more... Romeim rocks!

S- Staff Night! Time to relax and bond! Baseball, basketball, swimming and Bonkerball! Followed by delectable food! Twice this summer, our staff got the campus to themselves.

T- Torah and Tefillah! Every morning the camp was filled with the powerful sounds of Tefilla, reverberating around camp! Thank you to R' Danny, R' Meydan, R' Rozenzweig,



Shua and Rabbi Minchenberg, for inspiring us all! From inspiring lessons to chavrusa learning, to incredible weekly parsha sheets, amazing! And thanks to all the staff members who joined our staff shiurim over the summer- solid stuff! And our amazing TRIPS! The Castle, Nickelodeon Universe, Skyzone, the Romeim hike, and more!

U- Underneath the surface there is a team who keeps camp running. Ever wonder how the gym turns from a volcano, to an oneg, to a show, to a concert, to Color War announcements, to an underground superhero lair and back? And who makes sure every camper has water, cups, snacks and basically anything? It's Moishy and Dovid!

V- Vacky Lunch challenges! From Musical Monday to Talkative Tuesday, to Wacky Wednesday to Thrivia Thursday- Lunch isn't just a meal, it's a Big Deal!

W- World Cup and Color War! The Ruach this year was off the charts! From first half's World Cup featuring Iceland, led by Ari and Oliver, vs. New Mexico led by Mordy and Jonathan, to the Epic Cousin Showdown Color War Featuring Purim Blue led by Elisha, Mordy and Kedem, vs. Chanukah Red led by Ezra, Ari and Max, this year's energy was off the Charts! Congrats to Iceland Blue and Purim Blue!

X- Xciting Visitors- This summer we welcomed some Regesh Classics and some Crazy New Faces: Flight Crew Jump Rope Team, Dr. Shnitzel, Soulfarm, The Drum Circle, Eric Wilzig, Dialed Action Bike Show, Ned!, Small Wonder Jewish Puppets, Al the Game Show Guy, Gavi from United Hatzolah, and MORDECHAI SHAPIRO!!!! Who's up for next year?!

Y- YOU! Whoever you are, reading this- boys camp, girls camp, without YOU, this summer would have been totally different. I am so happy you are part of the Regesh family! And... Yum Yum!

Z- As they say in French "zat's all folks!" Planning is already underway for summer 2026! Hope to see you there!

Wishing a Ksiva V'chasima Tova and a good year full of success in school and in all areas of life to the entire Regesh Family. See you soon! And see you next year in Regesh Yerushalayim 2026!

Rabbi Moshe Auslander, Boys Program Director



BOYS 1S AND 2S JUNIOR DIVISION



Just like that! Another summer has come and gone! Summer 2025 was yet another awesome, fun fueled wild ride for the Junior Division. We started the summer with a rolling start, greeting all our new and returning campers on the first day! With our brand new Regesh Soccer balls flying all around us we were on our way for a great summer! The 1s and 2s enjoyed sports and specialties and a slew of fantastic shows and special days. This year's shows included, the Jump Roping Flight Crew, BMX Bike Show, an Amazing Bubble Show, The Extreme Magic of Eric Wilzig, the Return of Ned, Dr. Schnitzel's Wacky Science, Small Wonder Jewish Puppets, Al the Game Show Guy and of course, what summer would be full without the Mordechai Shapiro concert to close out the summer. And if these incredible shows were not enough, they were wowed with fantastic theme days including an African Adventure, Team USA Day, Regesh in Yerushalayim and the one that kept all of them together, the first ever LEGO Day! A big thank you to all our specialty staff leading amazing activities such as Cook 'n Bake, Ropes, Pioneering and Arts 'n Crafts - the boys loved all of these activities. Thank you! Thank you, Rabbi Minch, for all your help! Davening with the 2s, learning with both the 1s and 2s, kickball with the 1s, and Little League with the 2s! The boys absolutely loved these fun and amazing opportunities - thank you! A huge THANK YOU to Aall of our COUNSELORS! You guys rocked it all summer long! Lastly, but definitely not least, thank you to all the amazing CAMPERs in the Junior Division, this summer would not have been the same without each and every one of you!

FAVORITE CAMP ACTIVITIES

1A: Cook 'n Bake

2A: Dodgeball

1B: Dodgeball

2B: Gaga

1C: Ropes / Zipline

2C: Ropes / Zipline

1D: Ropes / Zipline

2D: Cook 'n Bake

1E: Ropes / Zipline

2E: Dodgeball

1F: Ropes / Zipline

2F: Ropes / Zipline

1G: Dodgeball

What an amazing summer Summer 2025 was. Thank you and we already can't wait for Summer 2026! Wishing everyone an amazing school year!

Rabbi Shooby Fink, Ayal Ritvo and Rabbi Danny Lew,

Division Heads, Boys 1s & 2s



BOYS 3S AND 4S INTERMEDIATE DIVISION

Wow!! What an incredible summer! It flew by way too fast. We hope you had the best summer yet. Let's take a moment to capture some of the amazing memories we've made together.

Let's start with our favorite - LINEUP!!! Joel and Ezra M's bunk (3B and 4C) were victorious and got their counselors and JCs soaked!! 3C demolished the competition on Crazy Sports Day! 3C won again, along with 4B, on Candy Craze Day in Willy Wonka's factory! I just wish there was a chocolate river... And don't forget when 3A won the raffle to pick their own schedule for a day! Ezra L and Shua were always competing - maybe one day Ezra will pull a win. Of course, we had an amazing time on our trip to Nickelodeon Universe!! World Cup and Color War were rocking! Leagues were awesome and intense! And so much more!!! Let's take a look at some of our bunk's favorite activities.

FAVORITE ACTIVITIES

- 3A: Boating
- 3B: Boating and Basketball
- 3C: Boating
- 3D: Dodgeball
- 3E: Dodgeball
- 4A: Cook 'n Bake
- 4B: Boating
- 4C: Cook 'n Bake
- 4D: Dodgeball

We hope you had an incredible summer and cannot wait to see you soon in Yerushalayim next summer for Summer 2026!

Rabbi Rosenzweig and Ezra Lebowitz

Division Heads, Boys 3s and 4s



ROMEIM DIVISION!!

Wow! What an amazing summer it has been. From day one, each day was action packed. Here are some of the things that the Romeim division enjoyed full of memories that will last us all year.



last us all year.

Leagues

Survivor Day

Romeim Hiketm

Amazing Staff

Boulder's Game

Morning Learning

Yankees vs Mets Day

Friday Tzitzit Raffles

Shua's Birthday

Romeim Late Night

Nickelodeon Universe



Camper Captains for World Cup and Color War

The BEST Division Head in Camp:)

It's been a great summer and I hope to see you all back for summer 2026 in
Yerushalayim!

Shua Pariser, Division Head, Boys 5s and Up

POTATO KUGEL BY FENNY BRIEDMAN

Oh Oh Potato Kugel, Oh Oh Potato Kugel, Oh Oh Potato Kugel, Hey! Potato Kugel!
Potato Kugel is my favorite food to eat!
Even if it's really old and smells like stinky feet.
No matter how it looks, my favorite Shabbos treat
Potato Kugel is my favorite food to eat!

Heyeyeyeyeyeyeyeyeyeyeyeyey Ate too much Kugel!
Heyeyeyeyeyeyeyeyeyeyeyeyeyey....

Potato Kugel is my favorite food to eat!
Mommy always makes it spicy, Bubby makes it sweet!
L'kovod Shabbos, it's my favorite Shabbos treat.
Potato Kugel is my favorite food to eat!

Oh Oh Potato Kugel, Oh Oh Potato Kugel Oh Oh Potato Kugel Hey! My favorite Kugel.
Oh Oh Potato Kugel, Oh Oh Potato Kugel Oh Oh Potato Kugel Hey! Pass the Kugel.

REGESH BOYS SWIM

As we close out another incredible summer at **Camp Regesh**, we're excited to share some highlights from the **Regesh Waterfront**, where the water fun was non-stop.

This summer brought **record heat**, with **10 days reaching a real feel of over 100 degrees!** Whether campers were cooling off, or learning new skills, the pool was the place everyone wanted to be!

Some of the biggest highlights were:

The **Instructional Swim** program was once again a major hit. Campers of all levels made real progress in their swimming skills, building confidence and having a great time along the way. Thank you to our amazing lifeguards for their hard work, dedication, and patience every single day during swim instruction.

World Cup Water Activities, global excitement for teams representing Greenland (Red) and Iceland (Blue). The competition was intense, spirited, and full of excitement as campers splashed, raced, and cheered each other on. What an awesome way to build teamwork and camp spirit!

Color War Activities brought an electrifying mix of traditions, as Team Chanuka (Red) and Team Purim (Blue) faced off in a high-energy showdown. In the spirit of competition, campers splashed, raced, and cheered with full force, channeling their team pride into every pool event.

Water Balloon Dodgeball! Campers formed teams and faced off in splash-filled battles—dodging, launching, and laughing through every round. It was a hit across all ages!

Diving Competition was a crowd favorite, with campers showing off their creativity, technique, and progress. The dives were bold, fun, and a true testament to all they learned this summer.

And of course, **Daily Free Swim** was the highlight of every hot afternoon. With all **three pools**, our **water slide**, **pool toys**, and **counselors** joining in the fun, it was the perfect way to cool down and create memories with friends.

Thank you for making Summer 2025 so special. We loved seeing each camper grow, laugh, and have a blast in and around the pool. We can't wait to see you again next summer for even more water adventures!

Bentzi Senter, Head Lifeguard

Sruly Pariser, Assistant Head Lifeguard





REGESH ROAD TRIP



Theme Song '25 (Fire by Shmueli Ungar)

Regesh, our engine's roaring
Time to get on exploring
Oh, the places we'll go
Let's hit the road
This is our map to summer
Here where the fun gets funner
So honk the horn
It's Regesh mode

We're headed near and far
So just get in the car
Regesh girls – it's who we are

Every new destination
Is cause for a celebration
From coast to coast, the weather's great
Adventure awaits, let's move it
The action is how we'll prove it
Stop off for sun at beach or lake

Now it's you and me
There's just so much to see
Regesh, camera's now on three....(1-2-3 Cheese!)

Ra-Ra-Regesh, fasten your seatbelt
Our wild ride's about to begin
Sunshine and sand
It's a road trip so grand
Now we're on the map
Let's go for a spin

Regesh Road trip, take in the sights
We've got miles of smiles so fill up the tank
No time for tolls
'Cuz that's how we roll
Feel that e-n-e-r-g-y,
We're all over the place





GIRLS CAMP

CAMP REGESH!!!! These past eight weeks have truly flown by! I can't believe it's time to say Good-Bye! Summer '25- A summer of "Road Tripping," sunshine, smiles and more! What a rocking, incredible, insanely awesome summer it has been!! Do you remember the very first day of camp?? It seems like just yesterday! You arrived at camp eager and ready for action! After meeting your counselors and bunk-mates- you were off!! Boating, archery, dance, pioneering, arts 'n crafts, basketball, fitness, volleyball.... Woa!!!! You thought you saw it all! But then the days went on, shows! trips! leagues! special days!! The excitement just wouldn't end! And then, in a flash, it was week 8! Could the summer really be coming to an end?? It's time to say goodbye... but before we do, let's take a moment to recap some of the incredible moments that we've had together and take these memories along as we head into the year ahead. REGESH ROAD TRIP- SUMMER 2025!! It's time for some ON THE ROAD adventure!! Do you remember our theme breakout?? You all got right into it, dancing along and learning all the moves! Then, it was time for you to receive your adorable pink water bottle bags which you proudly sported around camp every day! Safety pins were quickly collected as you earned them for positive behavior and sportsmanship!! We've gone through hundreds of thousands of safety pins this summer!! Regesh- we are so proud of you!! Friday MORNING activities rocked the house this year! Do you remember what activity we did for each of these weeks?? Let's see if you can remember them all: DIY trail mix!! Following directions as you made your way around camp! Pit stop Smores Jar!! Tefillas Haderech cards!! Car Wash Extreme!! Of course, no Friday was ever complete without a rocking out to "Baruch Hashem it's Shabbos!", an incredible Shabbos choir and exciting Shabbos snacks! Shows this summer were top notch!! Along with some of our old favorites, we brought in some awesome new talent: The Flight Crew Jump Rope team who took jump rope to a whole new level! The insanely energetic BMX Bike Team had us all spellbound! And the Amazing Bubble Show had our campers squealing with delight! Of course, we cannot forget



some entertainers who are integral parts of the Regesh family like NED and the Small Wonder Jewish Puppets. Al is close behind running the most epic game show in camp history! Dr. Shnitzel has us all in stitches and Eric Willzig left us mesmerized beyond words!! Hmmmmm, you say I'm forgetting someone?... but who could that be.... OH!... It's the one and only MORDECHAI SHAPIRO CONCERT!!! And what a concert that was!! The energy and ruach that you all showed, jumping and dancing with all your might!! You could have gone for another couple of hours straight!! A concert like that- ONLY at REGESH!!! We can't forget some of our daily favorites, starting with SPORTS!! DH Shaina Gross took leagues to a new level this year with our 3s and up. From hockey to basketball, soccer, baseball and everything in between, you all gained skill and worked on sportsmanship as you hit the courts with enthusiasm and energy! Our 1s and 2s learned the basics of each sport and enthusiastically practiced their new skills. Trips this summer were truly over the top!! Starting with the most fun filled day at Billy Beez for our 1s- jumping on all the different attractions, sliding down the super slides and more! Or the AWESOME trip to The Castle!! Some other action-packed trips included the Boulders Game and Nickelodeon Theme Park!! WOA!!!! What do RED, WHITE and BLUE, LEGOS and AFRICA have in common?? These are some of the AWESOME special days showcased at Regesh this summer! Do you remember Capture the American Flag?? Racing across the turf to get points for your team?? What about the drumming circle on Africa Day?? And making super cool bracelets! What about Candy Craze Day- full of candy galore!! Let's not forget Sports Day! And the awesome sports carnival that was truly a highlight!! BATTLE OF THE BUNKS!! Lego Day really blew us away from searching for DH Lego, to rebuilding the Lego Kingdom! Do you remember the INSANE Rakefet Carnival, the 3s incredible cantata performance and Israel Day! We can't forget about COLOR WAR 2025!!! Menachem's bus scare...Red Vs Blue- you really went all out, that was truly color war REGESH STYLE!! Before we leave for the very last time, I would like to thank every single counselor and JC for the UNBELIEVABLE amount of work and energy that you invested in your campers! Your smiles and positivity are such a warm sight to see- you have truly impacted every camper at Regesh this summer! We hope to see you back next summer! Ahuva, Sara, Bracha Leah and Shaina, thank you for being the GREATEST division heads of all time!! Elana and Racheli, we couldn't have done it without your support! Thank you for taking care of the needs of every single camper (and counselor!!) You took care of every last detail from allergies to chalk, scratches, Gatorades and everything in between! No request was ever too small for you! You guys are the best!! Ayelet!!! Every minute taken care of - literally!! From specialties, rainy days, shows and more!! Every detail was organized to a T! Having you on board, with your sunny attitude, always willing to pitch in with whatever was needed, truly made the summer brighter in every way! Lastly, thank you to our incredible campers!!!! You guys are the reason we come to camp every day!! Your energy and enthusiasm are contagious- we truly have the best campers! Camp Regesh, we can't believe summer 2025 is over!!! Let's start counting down the days till summer 2026 !!! We can't wait to see you back!!

Mrs. Chaya Aidy Liff, Girls Program Director

Mrs. Reena Wallerstein, Assistant Program Director



THE 1S FAVORITE...



SNACKS

- 1A: Ice cream
- 1B: Vanilla ice cream
- 1C: Ice pops
- 1D: Ices
- 1E: Ice pops
- 1F: Plums

ACTIVITY

- 1A: Cook 'n Bake
- 1B: Ziplining
- 1C: Cook 'n Bake
- 1D: Cook 'n Bake
- 1E: Ziplining
- 1F: Ziplining

SPORT

- 1A: Gaga
- 1B: Gaga
- 1C: Gaga
- 1D: Hockey
- 1E: Hockey
- 1F: Hockey

SHOW

- 1A: BMX Bike Show
- 1B: Dr. Snitzel's Wacky Science
- 1C: Dr. Snitzel's Wacky Science
- 1D: The return of Ned
- 1E: The return of Ned
- 1F: Dr. Snitzel's Wacky Science

My dear wonderful 1s!! Do we have the most fun!?!?
1,2,3,4,5.... ssshhh. This year we added "put your hands in the air, shake them like you just don't care, put your hand on your hip and your finger on your lips. Now I definitely have everyone's attention!!!! Today's important announcements are....

The top 5 reasons the 1s are the BEST

- 5- *They tell the best stories !*
- 4- *They cheer the loudest!*
- 3- *They participate in all activities!*
- 2- *They have the best attitude!!!*
- 1- *They have THE MOST FUN!*

Now for 5 things that make the 1s counselors the best!

- 5- *They absolutely love their campers!*
- 4- *They always have pins and extra snack stashes!*
- 3- *They participate at all activities!*
- 2- *They have awesome chalk drawing parties!*
- 1- *They know how to have THE MOST FUN!*

It has been a truly wonderful summer that just flew by! The memories of these last 8 weeks are what keep me going all year long! I can't wait to see everyone again next summer in Camp Regesh!

Ahuva Berkowitz, Division Head, Girls 1s



TO MY AMAZING 2S DIVISION

What an incredible summer it's been! I want to say a huge THANK YOU to each and every one of you for bringing your energy, kindness and ruach to camp every single day. You made this summer truly special. I'm so proud of all of you and feel lucky to have shared these weeks with such an awesome group. Thank you for being part of our Camp Regesh family—you've helped make this summer one for the books!

Sarah Borodach, Division Head, Girls 2s

FAVORITE BUNK ACTIVITIES

- 2A- Ropes & duck duck splash
- 2B- Draw with me & cook and bake
- 2C- Zip lining at ropes
- 2D- Boating on the lake
- 2E- Elimination
- 2F- Ice cream party & the trip to The Castle
- 2G- Crafts with Deena & ropes



2'S TOP MEMORIES

- "The Bubble Show!" Maya Benrimon (2B)
- "Playing with my friends at camp!" Emmy Hagler (2A)
- "Lego day and building Legos!" Kayli Bickel (2E)
- "Going down the zip line!" Molly Moerdler (2F)
- "Swimming in the Camp Regesh pool!" Emma Grossman (2F)
- "Doing lanyard with my friends!" Kayla Kadry (2F)
- "Ice cream party for winning benching!" Abby Vegh (2F)
- "Making treats at Cook 'n bake" Amalia Schwartz (2D)
- "My counselors giving us the best summer!" Julia Schiller (2G)
- "Going on the trip to The Castle!" Naomi Sasouness (2B)
- "Scooters with my friends!" Ateret Block (2A)
- "Making smoothies at Cook 'n Bake!" Mia Siegel (2E)
- "Going on rides at The Castle!" Evelyn Fooks (2C)
- "Meeting my counselors and friends on the first day!" Annabelle Epstein (2C)
- "Making yummy treats at Cook 'n Bake!" Alex Engelhardt (2F)
- "Boating!" Becca Aaron (2G)
- "When we all went in the sprinklers!" Riley Klapper (2D)



GIRLS 3S

To my AMAZNG 3s, what an incredible summer we've had together!!! We had our Castle Trip, Leagues, Friday raffles, Cantata, specialties, and so all the many more fun activities we've all experienced together! I'm going to miss you all so much, and I can't wait to see you next year in Regesh!

PS: My Lego piece is still hiding!!!

Bracha Leah Grunwald, Division Head, Girls 3s

Who knows one? I know one! One amazing trip, it was so much fun!

Who knows two? I know two! Two seasons of leagues we all played through!

Who knows three? I know three! Three big pools, best place to be!

Who knows four? I know four! Four brachos we davened, then time for more!

Who knows five? I know five! Five checks for ice cream, what a prize!

Who knows six? I know six! Six 3s bunks with cool bunk tricks!

Who knows seven? I know seven! Seven options for morning snack, though they all are heaven!

Who knows eight? I know eight! Eight weeks of camp, it sure was great!



FAVORITE SPORTS

- 3A- Basketball
- 3B- Gaga
- 3D- Gaga
- 3D- Gaga
- 3E- Basketball
- 3F - Prisoner

FAVORITE SPECIALTY

- 3A - Cook 'n Bake
- 3B - Cook 'n Bake
- 3C - Boating
- 3D - Cook 'n Bake
- 3E - Arts 'n Crafts
- 3F - Cook 'n Bake

FAVORITE SNACK

- 3A - Ice Pops
- 3B - Half moon cookies
- 3C - Bomb Pops
- 3D - Chocolate cookies
- 3E - Chocolate cookies
- 3F- Graham crackers

GIRLS 4S AND UP



4s, 5s and Rakefet!! The oldest and best division!! What an AMAZING summer we have had together! Every day was more fun than the one before. Each and every girl added so much to camp this year. I had a great time with all of you, from playing lineup, dancing, fitness, dodgeball and intense league games together. All of them were a blast because YOU were in this division. Shout out to the most amazing counselors, who all made each day exciting and enjoyable for your bunk as you care so much. We truly have the best staff and I love how new counselor and camper friendships were made and will last forever. 4s,5s, and Rakefet make the number one division and it wouldn't have been the same without all the positive energy each camper and counselor brought to camp each day!

Shaina Gross, Division Head, Girls 4s and Up



BEST MEMORIES

4A - Had 22 Campers

4B - Had a choreographed dance for Bunk wars

4C - Had davening wars

5A- Counselor (Ahuva) stayed for all 8 weeks of camp because she loves her bunk and couldn't leave

5B - Got the first benching ice cream party of the summer

Rakefet- Found a big rock, had everyone sign it and placed it under a tree. It then went missing and we had everyone search for it.



TOP 10 QUESTIONS

What leagues team am I on?

Can I please get the Regesh giveaway (soccer ball)?

Can I please get the girls water bottle holder?

Can I please get the next big pin? I have 30 pins to trade in!

When can I trade in my pins?

Can I please see/have my bunk's schedule?

Does our bunk have a cake today?

How much time is left for swim?

Can we please have X on our schedule tomorrow?

Can I have a water bottle (or Gatorade) please?

TOP 5 ACTIVITIES

Cook 'n Bake

Boating

Dodgeball-

(campers vs counselors)

Horses

Kickball



GIRLS SPORTS

Sports in Girls Camp this summer was EPIC!! The fields were full of excitement with the spirit of sportsmanship, middot tovot, teamwork and competition. From

intense leagues games to learning the basics of each sport, every camper was able to thrive at sports this summer. The campers really learned how to embrace healthy competition. The campers enjoyed epic soccer showdowns and competitive hockey matches! Kickball, baseball, basketball, gaga, dodgeball, and more!

Leagues 2025!!! Definitely one of the most incredible league seasons Camp Regesh has ever seen! Playing on 6 different teams with a mix of teammates across different bunks was a fantastic opportunity to meet new friends, build connections and cheer each other on- whether playing or subbing. Every single game was pulsing with energy, competition, and true Regesh spirit as our girls participated in a wide array of sports including football, basketball, kickball, volleyball, dodgeball, hockey, and soccer.

In the first half of the summer, the 3rd grade teams were named Starfish, Goldfish, Dolphins, Sharks, Whales and Seashores. The 4s, 5s and Rakefet teams were Celtics, Knicks, Heat, Lakers, Thunder and Warriors. In an exciting championship game, the 3rd grade teams faced off in a basketball match- Goldfish vs. Dolphins (Goldfish won!), while the 4th and 5th grade teams competed in an intense kickball game between the Celtics and Heat (Celtics won!).

In the second half, the 3rd-grade teams adopted a candy theme, with names like Gummy Girls, Double Bubble, Skittles, Cotton Candy and Sour Sticks. The 4,5, Rakefet teams were named after countries, USA, Israel, Brazil, Panama, Canada and Italy.

Each member of every team had the opportunity to win one of the following trophies: Sportsmanship, MVP and All-Star. We are so grateful to our counselors who stepped up to coach and for the energy and excitement the campers brought to the leagues this summer!

Here are some of our favorite sports moments and memories!

1A: Gaga is really fun!

1B: PRISONER- playing in the sand, playing the game, getting people out, and even getting out!

1C: When our counselors play hockey with us!

1D: Shooting the ball in basketball!

1E: Group huddles before soccer games!

1F: Hockey, hockey hockey! (We love playing against our counselors.)

2A: Playing freeze dance while we wait for the other team!

2B: Gaga, whether it's on our schedule or not :)

2C: Everyone playing super-nicely as a team in soccer!

2D: Prisoner- we love it!

2E: Scooting on the scooters! (and line up!)

2F: Playing prisoner with our counselors!

2G: We love basketball!

3A: Prisoner, for sure! We all play and it's a blast!

3B: Our counselors playing with us!

3C: Winning prisoner!

3D: Don't be surprised- we love basketball (and line up)!

3E: Learning how to play everything!

3F: All the running around in circles at duck duck splash!

4A: Fast catch- it's the best!

4B: Playing kickball...actually- fast pass!

4C: Our bunk = dodgeball! (Counselors vs campers)

5A: Getting surprise gaga!

5B: When Leeba (our counselor) plays dodgeball with us!

Rakefet: Randomly playing something for fun- catch, line up, flies up...!

As the summer draws to a close, the memories made at sports at Camp Regesh Girls will be remembered! Can't wait to see you next summer!

Coaches Orit, Goldie and Malka, Girls Sports Team

GIRLS SWIM!!



EPIC!! We've had a fantastic summer jam-packed with incredible swim memories at the girls waterfront. With hot heat and gorgeous weather, the pools were the place to be in 2025!

WOW. It has been a journey like no other for those campers who started out timid on the steps and moved on to blowing bubbles, dunking, floating, kicking and the ultimate goal of swimming! Deep Water Orientation for beginner swimmers is always a highlight. First the nerves, then excitement, as they take their first leap into the deep water.

For campers who came in swimming, we watched in awe as they worked on refining their strokes and swimming skills. The 4 Kicks; Flutter, Whip, Dolphin & Scissor, were all perfected to make way for stroke development. Front Crawl, Elementary Backstroke, Sidestroke, Breaststroke, Back Crawl & Butterfly. Strokes paired with Jumping, Diving, Surface Dives & Turns, our girls have become superstar swimmers!

Rings, rockets, noodles, kickboards and most importantly trained lifeguards, our girls had a hands-on experience as they developed and improved throughout the summer. With our own Swim Lingo; Pizza Pies – Shark Fins – Rocket Ships – Monkey Airplane Soldier – Arms Breathe Kick Glide – Bend Open Close and more, we blended “fun” and “learn” to give Camp Regesh Girls the ultimate swim experience.

Thank you to our amazing team of devoted lifeguards. As always you outdid yourselves and gave the campers a memorable summer of swimming.

Have a wonderful year and don't forget to practice swimming!! Swim cards have been sent home with your girls – enjoy!

See you all next summer,

Rivki Silverman and Tzipora Moller,
Head Lifeguards





PRESCHOOL CORNER

What an incredible summer it's been in the Camp Regesh Preschool! It's hard to believe that eight weeks have flown by so quickly. From the very first day, our campers jumped right into the fun, making the most of every moment on our amazing campus. Whether it was action-packed sports, creative art, lively dance sessions or the endless Regesh ruach, there was always something to smile about! From boating and ziplining to swimming and horseback riding, each day brought new adventures and unforgettable experiences. Special events, exciting trips, and theme days added even more magic to our summer, and there was never a dull moment! We are beyond grateful to our outstanding team of division heads, counselors and JCs for their dedication and hard work in creating a joyful, safe and fun-filled environment. Most importantly, thank you to our incredible campers for bringing your energy, enthusiasm and smiles each and every day. You are the heart of Camp Regesh! As we wrap up this unforgettable summer, we carry with us countless memories that will last long after the season ends. We wish all our campers and Camp Regesh families a wonderful, healthy school year and we already can't wait to welcome everyone back for summer 2026! Be sure to check out our camper reviews below for a peek into all the fun we've had!

Morah Gila, Preschool Director, **Morah Elissa**, **Morah Talia** and **Morah Mindy**, Division Heads



OUR FAVORITE SPORTS TO PLAY:

KA- Soccer
KB- Gaga
KC- Soccer
KD- Soccer
KE- Basketball
KF- Soccer
KG- Kickball
KH- Gaga
KI- Basketball
PA- Soccer, baseball, kickball and basketball
PB- Soccer
PC- Soccer
PD- Basketball and kickball
PE- Basketball
NA- Baseball





ALL TIME FAVORITE SPECIALTY:

- KA- Ropes
- KB- Cook 'n Bake
- KC- Zipline
- KD- Boating
- KE- Cook 'n Bake
- KF- Cook 'n Bake
- KG- Cook 'n Bake
- KH- Zipline
- KI- Zipline
- NA- Cook 'n Bake
- PA- Cook 'n Bake
- PB- Ziplining
- PC- Stem and Ziplining
- PD- Making slime at STEM
- PE- Specialty Art



OUR FAVORITE CAMP SNACKS:

- KA- Graham crackers
- KB- Rice cakes and cheese
- KC- Pretzels
- KD- Cookies
- KE- Crackers
- KF- Crackers and cheese
- KG- Cheese
- KH- Cheese and crackers
- KI- Cookies
- PA- Crackers and cookies with the chocolate on the top
- PB- Ice pops
- PC- Animal crackers
- PD- Biscuits with chocolate
- PE- Ice pops
- NA- Ice cream



OUR FAVORITE CAMP SHOW:

KA- Dr. Schnitzel
 KB- Dr. Schnitzel
 KC- Puppet show
 KD- Bike show
 KE- Mordechai Shapiro Concert
 KF- Puppet show
 KG- Pee Wee the magician
 KH- Monkey show
 KI- The Truck show
 PA- Dr. Schnitzel and the Bike show
 PB- The Bike show
 PC- The Monkey show
 PD- The Monkey show
 PE- Monkey show
 NA- The Monkey show



OUR FAVORITE FOODS TO EAT AT LUNCH:

KA- Pizza
 KB- Grilled cheese
 KC- Pasta
 KD- Pancakes
 KE- Pasta
 KF- Pancakes
 KG- Mac and cheese
 KH- Pancakes
 KI- Pizza
 PA- Pizza
 PB- Pasta with ketchup and pizza
 PC- Pizza, salad, bagel and cream cheese, jelly
 PD- Mac and cheese
 PE- Noodles and pizza
 NA- Pizza, plain pasta



PRESCHOOL SWIM!!

What a FANTASTIC summer of swim for the Regesh Preschool Campers!

We have just wrapped up the last week of swim and we couldn't be more proud of our little fish!

It has been a huge swim season of growth for so many campers. We have dunkers, floaters, kickers and SWIMMERS! So many campers came in to camp this year afraid to come off the steps and now they have become superstars! We started with blowing bubbles and progressed onwards to dunking, support floats, floating, kicking, swimming and our big time swimmers with treading and diving!!

Free Swim this summer has been all about fun and smiles. Campers enjoyed rockets, rings, kickboards, noodles and the most fun of all, their own Morahs! The deep water slide is a sight to be seen as campers cheer each other on as they make their way splashing into the pool.

Thank you to our amazing team of devoted lifeguards! As always, you outdid yourselves and gave the campers a memorable summer of swimming.

Have a wonderful year and don't forget to practice swimming! Remember to make those pizzas and take off kicking like a rocket ship – we can't wait to see you all next summer!

Rivki Silverman and Tzipora Moller, Head Lifeguards



CAMP REGESH PRESCHOOL SONG



*Preschool at Camp Regesh, we're ready to play.
Singing in the sunshine, we're loving each day.
Come splash, we're swimming - the water is great.
Sports, we're winning - our skills are top rate!*

*Preschool, get your aprons, we'll bake and we'll cook.
Horseback riding experts, come on take a look.
Zipline we're zooming, cuz we're on a high.
The fun is booming, and we'll tell you why!!*

*Camp Regesh Preschool where the sun is always shining.
Come join our playground, we'll swing and we'll slide.
Let's build a sandcastle and play the day away.
'Cause I'm a Regesh kid and I wanna stay!*

*Camp Regesh Preschool where the fun in so much funner
So many friends and good times galore
So Ra Ra Regesh kids, let's hear you give a cheer
Cuz I'm a Regesh kid and I love it here!*





STAFF POLL

WHAT WAS YOUR FAVORITE MOMENT OF THIS SUMMER?



- "Counselor Dodgeball!" Benjamin Guy, counselor (1D)
- "Staff Basketball!" Liran Kenig, junior counselor (1F)
- "Magic Show!" Jonathan Kaplan, counselor (2B)
- "Watching fellow counselors called up during the shows!" Moshe Lew, junior counselor (2D)
- "Being called a camper by Dr. Schnitzel!" Yonah Markowitz, junior counselor (3C)
- "Being Color War general!" Elisha Berkowitz, counselor (3E)
- "Staff Night!" Eli Yess, junior counselor (4B)
- "When I realized the campers on my league team had the best sportsmanship!" Mordy Feinzeig, counselor (4D)
- "Winning First Half League Championship!" Naftali Frank, counselor (5A)
- "Coaching in the first half League Championships!" Albert Korn, counselor (Romeim)
- "Romeim Survivor Day!" Shimmy Itzkowitz, counselor (Romeim)
- "Getting stuck on the zipline during Color War Breakout!" Shua Pariser, Division Head
- "Helping my campers at sprinklers. It's so fun!" Cynthia Weider, counselor (1C)
- "Watching the girls as they receive their arts and crafts and are so happy!" Malka Blum, junior counselor (1F)
- "Playing sports with my bunk!" Ruchama Rosenberg, counselor (2C)
- "Going swimming with the campers!" Naomi Raice, junior counselor (2E)
- "I loved watching the bike show!" Aviva Zelcer, junior counselor (3B)
- "When my campers came back from sleepaway trials!" Kaila Kirsch, counselor (3D)
- "Making dances with my campers!" Emma Kraus, junior counselor (4A)
- "(Winning) Color War!" Yael Leba Gross, counselor (4B)
- "Being color war captain!" Miriam Scheafer, counselor (4C)
- "Girls first half Staff Night!" Ahuva Remez, counselor (5A)
- "The excitement of my campers seeing me return home to Camp Regesh!" Leebea Pariser, counselor (5B)
- "Coaching leagues was very enjoyable!" Rachel Kassove, counselor (RAKEFET)
- "Hearing all my campers and staff cheer for me to be Division Head of the Week!" Shaina Gross, Division Head
- "Water races with the kids where we all got wet and had an amazing time!" Talia Katz, counselor (KC)
- "The carnival where we got to do fun activities and face paint the kids!" Gila Schwartz, junior counselor (KI)
- "Getting to spend my days with awesome campers!" Devorah Gross, junior counselor (PA)
- "Splashing around in the pool with my campers!" Rivky Perl, counselor (PD)
- "Whenever I saw my campers smiling, having fun and listening all at the same time!" Aliza Chaitovsky, counselor (NA)
- "Splashing around with my campers in the pool!" Ruchama Kraines, junior counselor (NA)



It's an early summer morning,
I'm driving with my son,
"Oh Daddy can you answer me,
Are you sure that I'll have fun?"
I'm silent as I turn,
Down a road called Cherry Lane
And the memories forever will remain

All the summers that were spent here,
They meant so much to me,
"Oh son I'm sure that you'll have fun
Just you wait and see"
All the good friends that I've made
And the good times that we've shared
As I look back, I can't help but shed a tear

I remember every moment,
Every feeling, every face,
As I look back at the summer,
All the Ruach still remains.
Oh Regesh stay forever,
In my heart you'll never die,
Now I know why it's so hard to say goodbye

So just listen here my son,
Now I'll leave you for the day,
And, as he steps outside the car,
I start to pull away.
I'm silent as I turn,
Up a road called Cherry Lane,
And the memories forever still remain.

I remember every moment,
Every feeling, every face,
As I look back at the summer,
All the Ruach still remains.
Oh Regesh stay forever,
In my heart you'll never die,
Now I know why it's so hard to say goodbye!



CAMP REGESH 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	6/23 SUMMER LOADING	6/24 WELCOME BACK!	6/25 BOSS CHODOSH TRAMUZ <i>Girls Theme Breakfast</i>	6/26 FLIGHTY CREW <i>JUMP ROPE</i>	6/27 BOYS CHODOSH - BOYS HANUKKAH PARTY - GIRLS CHODOSH
WEEK 2	6/30 <i>Girl 4's Trip</i> PALISADE CENTER	7/1 SPORTS DAY	7/2 <i>Boys 1st, 2nd and preschool</i> BOYS WORLD CUP <i>Boys 3rd, 4th and 5th</i> BOYS WORLD CUP <i>Boys 6th, 7th and 8th</i> BOYS WORLD CUP BOYS STAFF NIGHT	7/3 Team USA day	7/4 NO CAMP
WEEK 3	7/7 BMX BIKE SHOW	7/8 SPORTS DAY BOYS STAFF NIGHT	7/9 ROMEIM	7/10 CANDY CRAZE	7/11 BOYS CHODOSH - BOYS HANUKKAH PARTY - GIRLS CHODOSH
WEEK 4	7/14 AMAZING BUBBLE SHOW! <i>Boys 1st, 2nd and 3rd</i> <i>Boys 4th, 5th and 6th</i> <i>Boys 7th and 8th</i>	7/15 <i>Breakfast trip to</i> EXTREME MAGIC ERIC WILZIG	7/16 <i>Girls 1st, 2nd and 3rd</i> BATTLE OF THE BUNKS! <i>Boys 4th, 5th and 6th</i> BOYS WORLD CUP <i>Boys 7th and 8th</i>	7/17 <i>Breakfast</i> Pajama Party! <i>Girls 1st, 2nd and 3rd</i> <i>Girls 4th, 5th and 6th</i> <i>Girls 7th and 8th</i>	7/18 BOYS CHODOSH - BOYS HANUKKAH PARTY - GIRLS CHODOSH
WEEK 5	7/21 NED	7/22 HELLO SUMMER	7/23 LEGO DAY ROMEIM HIKE	7/24 DR. QUINZEL'S <i>Wacky Science</i>	7/25 BOYS CHODOSH - BOYS HANUKKAH PARTY - GIRLS CHODOSH
WEEK 6	7/28 ROMEIM GRILL MASTERS PIZZA EDITION <i>Boys 1st, 2nd and 3rd</i> <i>Boys 4th, 5th and 6th</i> <i>Boys 7th and 8th</i>	7/29 REGESH IN YERUSHALAYIM UNITED MATZO-L-A-THON LAUNCH	7/30 WONDER	7/31 CARNIVAL	8/1 CANDLES
WEEK 7	8/4 MONKEY SHOW	8/5 ALL THE GAMES BOYS COLOR WAR! PURIM GIRLS COLOR WAR! PURIM	8/6 CHANUKAH VS. CHANUKAH VS. CHANDIKAH	8/7 <i>Girls 1st, 2nd and 3rd</i> NICKELODEON UNIVERSE BOYS STAFF NIGHT	8/8 BOYS CHODOSH - BOYS HANUKKAH PARTY - GIRLS CHODOSH
WEEK 8	8/11 GIRLS & PS STAFF NIGHT	8/12 ON-SITE WATER PARK! ROMEIM LATE NIGHT	8/13 MORDECHAI SHAPIRO	8/14 BBQ BANQUET GOODBYE REGESH 2025!	

*ALL EVENTS SUBJECT TO CHANGE *SOME ACTIVITIES MAY BE FOR SELECT AGES *SURPRISE DAYS NOT INCLUDED!
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