



PRESCHOOL CORNER

Wow! Can it really be that we finished week 3 here in Camp Regesh?! The BMX BIKE SHOW was the perfect start to our action-packed week! With jaws dropped at every flip and trick from the bike pros we just couldn't get enough! Of course, the BMX professionals discussed bike safety and reminded us to always wear a helmet. Shout out to our preschool campers who "named that trick" and received a signed BMX poster to take home!

Tuesday was our annual SPORTS DAY JUNIOR TOURNAMENTS! Thanks to Coach Shira, we had an exciting day of sports and fun! Kudos to all our Regesh Preschoolers for their participation and ruach throughout the activities. Gold metal necklaces were given out to all our campers for their teamwork throughout the day. In addition to our sports activities, we also all enjoyed the sports day carnival set up in the gym. We were bouncing and sliding down on the giant moon bounce and enjoying the huge blow up sports games set up there.

2, 4, 6, 8 who do we appreciate?! Staff, staff, go staff! Wednesday, we had a fabulous STAFF NIGHT! Featuring awesome tie dying sweatshirts, delicious food and great, awesome fun!

The fun just doesn't stop! On Thursday, we had a fantastic day at CANDY CRAZE! What a fun paper candy hunt we had. Once we collected all the paper candies we made collaborative, colorful bunk posters. YUUUMMM is that COTTON CANDY for everyone?! Sweet, sticky, pink cotton candy was enjoyed by all!

Friday is always a special day in Camp Regesh as we review our week and sing and dance at our weekly Shabbos party.

We just can't wait to see what's in store for us next week. The AMAZING BUBBLE SHOW, PRESCHOOL PAJAMA DAY and did someone say... TRIP DAY?!

Shabbat Shalom, **Morah Gila**, program director



This week at Regesh I had an awesome time...

- "Playing soccer with my friends!" Eliav Sayag (4D)
- "Watching the BMX Bike Show!" Noam Yenowitz (2F)
- "Going over the stream on the zip line!" Ava Chappell (1E)
- "Riding on the Regesh horses!" Seb Mechaly (NA)
- "Watching the Boulders game with my bunk!" Dovid Siskind (5B)
- "Sprinkling the graham cracker on my smoothie bowl at cook 'n bake!" Hila Yedwab (Rakefet)
- "The baseball blowup at the sports carnival!" Batya Shamir (3F)
- "Boating on the lake!" Ethan Kalowitz (KB)
- "Sports Day activities!" David Gross (2D)
- "Playing water balloon battleship!" Netanel Katz (5A)
- "Jumping in the foam block pit at Sky Zone!" Harrison Klein (1E)
- "Going to free swim with my brother!" Max Kraus (Romeim)
- "Making yummy stuff in Cook 'n bake!" Nava Kazam (1F)
- "Swimming in the pool!" Teddy Klein (PA)
- "My counselor bringing face glitter for fun:)" Annaelle Geller (4B)
- "Visiting the Candy Craze Factory!" James Neustein (3B)
- "Zipline and horseback riding!" Reva Feman (2E)
- "Painting my bag at arts 'n crafts!" Avigail Keigher (5B)
- "Winning hockey by leagues!" Leora Schreiber (3E)
- "Playing with the animals at the Regesh Petting Zoo!" Yissie Auslander (Romeim)

CAMPERS CONTRIBUTE



WEEK 3 // JULY 11
PARSHAT BALAK



UPCOMING...

- 7-14 AMAZING Bubble Show!**
Preschool, Girls 1s & 2s
Boys 1s & 2s
- 7-15 EXTREME MAGIC**
Eric Wilzig!
- 7-15 / 7-16**
Maple Farm Trip
Preschool
- 7-16 Battle of the Bunks!**
Girls 3s and Up
- 7-17 Pajama Party!**
Preschool
- 7-17 Billy Beez**
Girls 1s



D'VAR TORAH

The leader of Moav, evil King Balak wanted to beat the Jews - yet he was stuck. So to the sorcerer, Bilaam, he sent shluchim that day. He said, "Sure I'll curse the Jews.... for the right pay!"

Despite Hashem's warnings, Bilaam set out, His donkey ignored him, so he began to shout! "You'll heed my words! By hook or by crook! "There's an angel!" said the donkey, "just take a look!"

Bilaam knew the exact moment to curse, He tried to find holes so his curse would be worse! But Hashem did not let- Brachot came instead, Ma Tov- his plan was flipped on its head!

From here we can learn... to look for the good and you don't have to yell to make yourself understood! When looking for direction, Hashem's voice we'll heed, and He'll give us everything we can possibly need!

This Sunday, a fast, to learn and to pray, Shiva Asar B'Tammuz, the seventeenth day, We can work on improving the words that we say. Are we making, or breaking someone else's day?

The three weeks begin- a period of mourning, A time for respecting each other, instead of scorning! The Beit Hamikdash came down because of disrespect, In all its glory, this year, may it once again stand erect!

Shabbat Shalom! Have an easy and meaningful Shiva Asar B'Tammuz.



spotlight on a SPECIALTY

Step into Cook 'N Bake for some creativity and lots of delicious fun!! From forming Rice Krispie treat pools to dipping marshmallows into red, white and blue frosting and sprinkles there is always something yummy to make and to eat! This week we made our own "acai bowls"! With blended strawberries and scrumptious toppings like raisins, rice krispies, and chocolate chips everyone customized their own smoothie bowl - healthy and delicious!! Thank you, Amanda and Estee and your assistant Lannie, for this super popular activity.





GIRLS CAMP

Week THREE!!!! What a jam packed, incredibly awesome week it was!!!

We started out the week with phenomenal show! The BMX bike show came all the way to Camp Regesh to blow us away with their amazing feats! Bike flips off a ramp, hands off flips and even back flips with twists. Campers had a great time coming up with names for all the daring moves we saw, and some girls won special autographed posters!! Everyone was cheering like crazy when Isaiah the stuntman jumped over three counselors with his bike, and another guy back flipped over counselor Sydney Gold! After getting an amazing lesson on bike safety, some campers lined up to get one of kind autographed cards. This is one show we will not forget!!

Sports Day means Jerseys! Sports! Team Spirit! We started off the day with sports pose freeze tag! REGESH girls showed off their jerseys of all kinds, from all teams and any sport! It was great to show off our team pride! The sports carnival really took the day to the next level- baseball, shooting hoops, soccer, ski ball and a sports bounce house- the girls practiced their skills and had a blast!!!

On Wednesday, our 5s, and Rakefet were off to the Boulders Stadium for some baseball, Dippin Dots and souvenirs :) With awesome seats, the girls got to enjoy a great view as they watched the game- we love Boulders!

C-A-N-D-Y!! Candy Craze was one for the books!! The day started with a classic Throwback Thursday Regesh song, and an awesome Ra-Ra-Regesh in the white tent. Every bunk had a turn to get giant, pink fluffy cotton candy!!! We really enjoyed this sticky treat. Lunch time is near, and what do we hear??? A C-A-N-D-Y cheer!! Head staff were going around with Minnie the pony giving out delicious treats to all!!! Let's not forget about our special Candy Craze activity of the day. Our gym was transformed with candy decorations on the walls and on the floor!!! Everyone girl got a special candy sticker, and when a new candy pattern showed up on the screen, the girls ran to make candy chains to complete the round!!! The girls had the time of their life pairing up with girls from different bunks and divisions to win each pattern. What an awesome game!!

We ended off the week with a super fun ROAD TRIP SCAVENGER HUNT! Each bunk followed clues around camp to reach their destination on time! We said Good Shabbos with a beautiful Shabbos choir by bunks 4A and 4C- what a job well done!

We can't wait to see you all back next week!! This wild ride of a summer is about to get even crazier!! Hang in there and prepare to be wowed by the Magic of Eric Wilzig! The Amazing Bubble Show! Also coming next week is the epic showdown of the BATTLE OF THE BUNKS!! And... our anticipated 1s trip to Billy Beez!!

Shabbat Shalom! **Chaya Aidy Liff**, program director



BOYS CAMP

WOOOHOO! WOW! WOWWOWWOWOW!!!! Seriously, what a crazy week! And of course, we haven't even started yet! Farfel Braidman here for REM News, (Remember Every Moment ;)) with this week's weekly roundup! Rain? What Rain? Things work different in Camp Regesh! Camp Regesh kicked off the week with a raindrop dodging high flying adrenaline pumping BMX Show by Dialed Action Sports! Backflips, 360s and a whole lot of BMX guy jargon I

totally did not understand! When the BMX guys got scared of the rain... (non-existent rain, by the way) the 3s and up went to the gym for a hype Staff Basketball Game!

Musical Monday featured Complete That Niggun!

We exploded into Tuesday for Lazy Sports Day! It was anything but lazy! Life Size Lazy Darts! Soccer balls, beanbags wiffleballs, upside down goggles... The boys aimed for the high score... 100, 150, 200, 250, 500, 1000.... And Water Balloon Battleship! A refreshing twist to the ol' classic!

Wednesday brought a wild trip day! 1s and 2s went to Skyzone- trampolines, foam pits, obstacle courses and no one lost their keys! What an awesome trip! The Romeim Divison attended the Rockland Boulders game bringing our dippin' dots buying stream to 15 straight years! The Boulders lost... um... they won? You sure? Pretty sure they lost. Don't know- but the hot dogs were great! Back in camp the 3s and 4s had a blast! Leagues lineup and the whole camp to themselves!

On Thursday..... the long-awaited return of Candy Craze/Willy Wonka Day! Willy Wonka himself along with Slugworth, Mike Teavee, Veruca, Violet, Augustus Gloop,

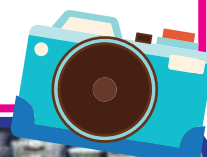
Grandpa Joe, and Charlie invited us into a sugar rush introducing life size game of Candy Land! The gym was transformed to a Candy Land Chocolate Factory where the campers did hilarious challenges: physical challenges, dance challenges, brain challenges, food challenges, and acting challenges! We did not want it to end! All campers were treated to delicious Candy Cane, courtesy of Mr. Wonka himself! And just when you thought we would calm down... our Glo-Neg on Erev Shabbat was out of this world- as we prepared for Shabbat by lighting up the world with our singing and dancing! Next week! The Bubble Show! Leagues Playoffs and Championships! The Return of Eric Wilzig and much, much more!

Shabbat Shalom, **Rabbi Moshe Auslander**, program director

Club Division	W	L	T
Kidnet's Green KikKats	6	0	2
Oliver's Orange Cookies	5	1	2
Michael's Purple Team	4	4	0
Mac's Red M&Ms	3	3	2
Jonathan's Pink Jolly Ranchers	1	6	1
Ayal's Blue Airheads	1	6	1

Intermediate Division	W	L	T
Art's Angry Apples	6	1	1
Mordy's Mighty Mustangs	5	2	0
Ezra's Electric Eagles	5	3	0
Joel's Jobless Jaguars	4	2	2
Avram's Antisic Alligators	4	3	1
Daniel's Delicate Dinosaurs	3	4	1
Eitan's Elger Elephants	2	4	2
Elasha's Earthy Earthworms	1	4	3
David's Oodly Octobers	1	5	2
Sammy's Soy Sauce	1	6	1

Romeim Division	W	L	T
Al's Ater Shiva Tomatoes	5	5	2
Nahel & JJ's Ben Brak Babes	4	6	0
Shmuni's Chalky Chutnuns	4	4	2
Zayv & Yaron's Ter Aviv Tenere	4	6	0



CAMPER POLL

WHAT JOB WOULD YOU WANT TO DO AT CAMP REGESH?

"Counselor!" Gabriel Stern (1F)
 "Counselor!" Maurice Klyman (2A)
 "Make the food!" William Lerman (3D)
 "Lifeguard!" Jack Kanovsky (3D)
 "Division head!" Eli Friedman (4B)
 "Lifeguard!" Hank Muller (5A)
 "Division Head!" Harry Sterman (Romeim)
 "Golf cart driver!" Aviva Hammer (1E)
 "Head of Regesh!" Kayla Feder (2D)
 "Be a counselor, it's so much fun!" Ayelet Jacobs (3E)
 "A 5's counselor!" Azriella Schlaff-Pearlberg (4C)
 "Shaina's mother's helper!" Avigail Stern (5B)
 "Preschool JC!" Eliora Lew (Rakefet)
 "Cook 'n bake instructor!" Sophie Dennenberg (KA)
 "Driving around with a golf cart!" Nathan Hagler (PE)

